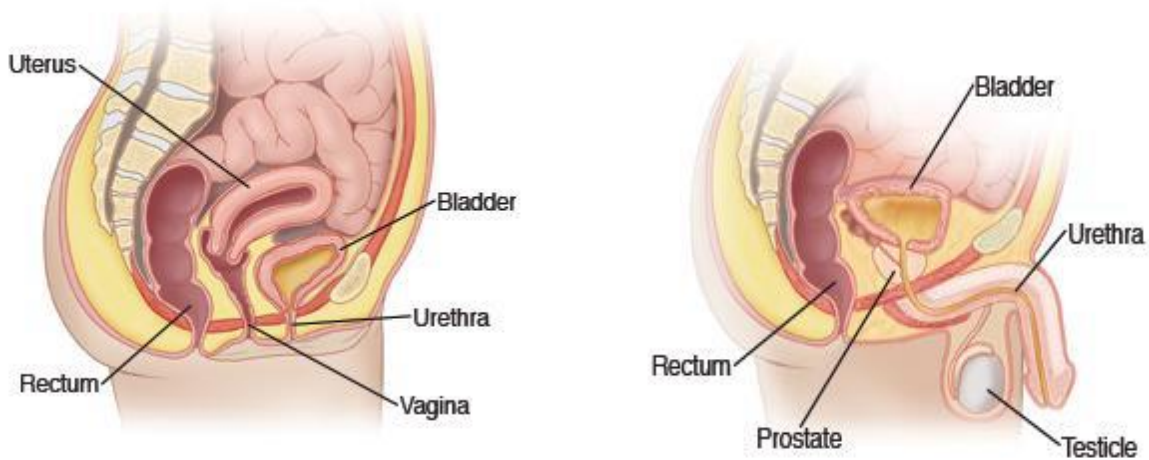


### What Is A Cystoscopy?

This is an in-office procedure in which a urologist places a small camera, one that is smaller than the standard catheter size, inside the urethra to gain access to the bladder. Patients are awake during the whole process so lubrication is used to provide as much comfort as possible. This procedure is done on both males and females. It is often used to find causes of blood in the urine, bothersome urinary symptoms, and any abnormalities of the bladder and its lining. Typically, this procedure is completed in about 2 minutes or less. It is common to feel a sensation of fullness and an urge to urinate as water enters the bladder through the cystoscope (camera). This is done to allow the bladder to fill and expand so that the urologist has better visibility. Any images obtained during the procedure can be seen by both the urologist and the patient.



### After A Cystoscopy

Any results found during the cystoscopy will be shared with you, the patient, immediately. After the procedure, some may experience some discomfort, possibly see some blood in the urine, and/or have a feeling of urgency. These symptoms are nothing to be concerned about and should alleviate throughout the day. To help regulate your body back to normal, drink plenty of water after the procedure to encourage urination. You may return to all regular activities immediately unless instructed otherwise by your provider or their team members.